Felix de Fries c/o Study Group AIDS-Therapy Juliastr. 8 8032 Zürich

Felix.defries@gmail.com
https://www.immunity.org.uk/articles/felix-de-fries/

To those affected
their doctors and caretakers
To Groups and Institutions
To Media

Zürich den 20th January

ref. **Therapy recommendations for people who experience disorders after mRNA vaccinations and vector vaccinations**

Ladies and Gentlemen

We first discussed studies on disorders that occurred after vaccination with mRNA vaccines and vector vaccines on September 23, 2021 in our ***Open letter to Prof. Christian Münz*** https://www.immunity.org.uk/wp-content/uploads/2021/09/Open-letter-to-Prof.-Christian-Munz-completed-new-xxx.pdf and again on December 10, accompanied by an extended list of literature, in our document ***Covid Vaccines: Breakthrough infections and adverse effects.*** https://www.immunity.org.uk/wp-content/uploads/2022/01/Vaccine-Breakthrough-final-new-plus-XL.pdf

The disorders we were discussing have now been confirmed by the pathologist Prof. Arne Burckhardt, who has detected it in tissues from people who died shortly after Covid-19 vaccinations. Prof. Sucharit Bhakdi then was able to explain how such vaccines can trigger these disorders. https://rumble.com/vr4tei-dr.-bhakdi-explains-basic-immunology.html?mref=uowm5&mc=c0pm5

In the following therapy recommendations, we have shown how treatment for such disorders in vaccinated people could look like. It remains to be seen whether such a therapy can

significantly improve such disorders and could be examined by appropriate studies.

In the future, millions of people who have received the insufficiently tested vaccines will show whether there are no significant disorders after mRNA vaccinations, as the German Minister of Health Rainer Lauterbach repeatedly announces, or if there are. Whether the Novavax vaccine, which is based on a different technology, causes similar adverse effects can soon be determined, after its release in countries of the European Union.

Even the French Nobel Price-Laureate Luc Montagnier, who accepted for many years the administration of AZT to HIV-test posivies, according to his model of HIV as the cause of AIDS, states now, one year after the beginning of Covid-19 mRNA vaccinations, that these vaccines are toxic and that its administration should be stopped immediately.
https://www.italy24news.com/health/341301.html

Felix de Fries

Therapy recommendations for people who experience disorders in the lungs, the cardiovascular system, the brain, internal organs and the muscles after SARS-Cov-2 vaccinations, leading to rapid exhaustion after short walking and standing

Based on the findings about such disorders presented by Prof. Sucharit Bhakdi and Prof. Arne Burckhardt and the aspects of Cellsymbiosis therapy after MD Heinrich Kremer.

As has been demonstrated in various studies since the summer of 2021, mRNA vaccines and vector vaccines cause damage in tissues that can result in continuous disorders in various organs, autoimmune-reactions and immune deficiencies.
https://www.immunity.org.uk/wp-content/uploads/2022/01/Vaccine-Breakthrough-final-new-plus-XL.pdf

These could be detected by the pathologist Prof. Arne Burckhardt in tissues of various organs, which he was able to extract from people who died short time after a SARS-Cov-2 vaccination. Prof. Sucharit Bhakdi then was able to explain, how mRNA-vaccines can trigger such disfunctions.
https://rumble.com/vr4tei-dr.-bhakdi-explains-basic-immunology.html?mref=uowm5&mc=c0pm5

The damages in cells, which occur after mRNA vaccination lead to the formation of degenerated tissues, which attach themselves to new sites in the individual organs, where they impair their functioning. This can affect the organs of the lungs and the cardiovascular system, as well as the lymph nodes, the endocrine glands, internal organs such as the stomach, the intestines, the kidneys and the liver as also the brain and the muscles in the arms and the legs.

The generation of energy in the cells by the mitochondria, which as organelles build from reduced oxygen and food components the energy carrier molecule ATP, which is required for all bodily processes, can also be impaired by these disorders, which may result in a weakened defense against viral, bacterial, fungible and parasitic germs.

To what extent such damages can be reduced by supporting physical repair mechanisms, cell metabolism and the energy production in cells, and how functional disorders in individual organs can be reduced by supportive therapies, can only become apparent in the longer term.
For physicians who have dispensed the non-sufficiently tested vaccines, dealing with their side-effects will become an important task in the future.

Damage to tissues in the lungs impairs the absorption of oxygen from the air we breathe and the defenses in the epithelial tissues of the lungs against particulate matter particles, viruses, fungi and bacteria.

The damage to tissues in the liver impairs the building of the glutathione molecules, which are required for the transportation of reduced oxygen into the cells, which is used in the mitochondria for the formation of the energy carrier molecule ATP. Under this condition the building of the enzyme dihydropholate reductase may be blocked, which is used for the formation of tetrahydropholate, which in turn is needed for the formation of glutathione molecules in the liver, as well as for the formation of tetrahydrobiopterin (TH IV), which is necessary for the formation of NO gas needed in killer cells for their attack on cells that carry fungi, viruses and mycobacteria.

The damages in the tissues of the cardiovascular system affects the veins and arteries, the aorta and the heart and promotes cardiac fibrillation, thrombosis, and thrombocytopenia as well as high blood pressure and the risk of stroke.

Damage to lymphoid tissues leads to disorders in lymphocytes, which play a central role in destroying cells that carry viruses, fungi and bacteria.

Damage to endocrine glands impairs the formation of the anti-stress hormones during deep sleeping, which are stored in various tissues, from where they are released in response to the release of stress hormones such a cortisol.

The damage to the tissues of the pancreas impairs the release of insulin when the blood sugar levels are too high and thus promotes diabetes.

Damages in tissues of the gastrointestinal area impair the defense against harmful germs and increases the permeability of the intestinal mucosa, which is of central importance for the defense activity in the entire organism by T-helper cells, regulatory-T-cells and killer cells.

The damages to tissues in the nose, the throat and in the brain impairs the defense activity in the epithelial tissues there and thus promotes inflammation in the cerebellum and cerebrum.

Damage in muscle tissues of the arms and legs impairs walking, standing and movements of the arms and the trunk, leading to rapid exhaustion after all types of physical activity.

Felix de Fries

Therapy measures to support the reconstituion of tissues and of immune reactions according to the cell-symbiosis therapy after MD Heinrich Kremer

- Glutathione production can be boosted by the supply of sulphur-containing protein mixtures (N-acetyl cysteine, 3-8 gms daily) Glutathione production and NO synthesis in the liver, which are decisive for the regulation of the T-4 immune response and for the regression of tumours, can be supported by doses of glutamine (40 gms daily) and L-arginine (20-30 gms daily) and by Citrulline Powder, derived from water melon. L-carnitine is necessary for the incorporation of long-chain fatty acids (triglycerides) into the mitochondria. A deficiency of L-carnitine impedes the energy-releasing process in mitochondria. By the administration of 6 grams of L-carnitine daily for 14 days, this deficiency can be resolved. After specific laboratory analyses these substances can be administrated in higher doses orally or by means of infusions.

- The electron transport of the respiratory chain of mitochondria can be improved with the co-enzyme Q10 (100 – 200 mg daily). The mitochondrial activity, the development of membranes and the repair of damage to mitochondrial DNA can be supported by folic acid (5 – 20 mg daily), alpha lipoic acid (300 – 600 mg daily), vitamin B1 (150 – 300 mg daily), vitamin B6 and B12 and doses of selenium (250 mg), zinc (10 mg daily), magnesium, manganese and the medicinal mushroom Lingzhi, as well as through chromium (100 – 300 micrograms daily) and uridine (the latter in molasses, 2 dessert spoons daily) and soy lecithin (1-2 dessert spoons daily), methionine (500-1000 mg daily) and Citrulline Powder (3 grams daily), which is converted into L-Arginine supporting the level of nitric oxide (NO) essential for the formation and activity of the mitochondria.

- Mitochondria regulate cell metabolism and cell transformation and re-transformation. Enzymes in the mitochondria are governed by ions that in turn are controlled by over 300 mineral salts that are present in organisms. A sufficient supply is possible with base mineral salt mixtures. Thanks to capsules resistant to gastric juices they can directly reach the small intestine with new preparations. (High doses of base compounds are not indicated in cases of tumour formation).

- The production of T-4 cells with a Th1 cytokine profile can be assisted by the intake at mealtimes of vitamin D3 (5-10 drops =2000-5000 I.U. daily). By doing so progressive autoimmune reactions are slowed down.

- The negatively charged basic tissues can be protected by polyanions (heparin and heparinoids) in brown algae (Ecklonia cava, Laminaria digitata. Agar etc), guar, shark cartilage or green mussel preparations. As natural protease inhibitors they can slow down progressive inflammatory reactions that lead to autoimmune reactions, increased cell death and increased reverse transcription. By supporting the cell-mediated defence systems they can restart flexible immune responses.

- Oxygen absorption of the cells and cell protection can be improved by multiple, unsaturated omega-3 fatty acids (from argan oil, krill oil, coconut oil and rapeseed oil, or in hemp oil, linseed oil, safflower oil and cumin oil (5-6 dessertspoons daily). Microalgae (e.g. Chlorella algae 3-4 gm daily), Oenothera oil and fish oil (3 dessertspoons daily), as prostaglandin modulators can activate cellular immunity.

- The balance between cell-mediated immunity and antibody immunity (Th1 and Th2 cytokine profile) is controlled by the hormonal stress axis between the hypothalamus, the pituitary and the adrenal glands. The stress hormone, cortisol, produced in the adrenal glands activates the antibody response, its hormonal counterpart, DHEA, stored throughout the organism, the cell-mediated response. A continuous shift of the stress axis towards cortisol can be corrected by doses of DHEA-S. Continuous use of preparations, sprays and skin creams with cortisone and the use of steroid hormones (e.g. for improved muscle formation), correspondingly leads to a reduction in lymphocytes and their functions and thus to the onset of viral and fungal infections.

- Curcumin, extracted from the spice plant Curcuma longa (turmeric), inhibits in the ultraviolet range of signals responsible for the progression of inflammations and degenerative developments. A daily dosage requires 8 tablespoons of curcumin powder mixed with 1 litre of tomato juice or coconut juice. In new preparations the curcumin is supplemented with peperino, quercetin, molybdenum, grape seed extract and the medicinal mushroom Agaricus blazei murill, which boosts its effect. Curcumin cannot be taken in conjunction with high doses of vitamin C, E and beta carotene, especially in cases of glutathione deficiency, as it changes then into a substance that has a prooxidative effect and it can no longer deploy its anti-infectious effects and thus aggravates a glutathione or thiol deficiency. Artemisin, derived from Artemisia annua, has strong anti-oxidative and anti-inflammatory effects and is effective in conjunction with Curcumin against parasitic infections (such as Malaria) and viral infections (such as Epstein Barr).

- Polyphenols from green tea, ginger, vine leaves, diverse cabbage types, ginko biloba, quercetin, wheatgrass and other plants (included in new preparations), bind toxic oxygen degradation products, have an inflammation inhibiting effect, support the programmed death of degenerating cells, have a supportive effect on cells and the mitochondrial membrane and thus provoke a transposition of blocked immune reactions (Th1-Th2 switch).

- Allergic reactions to foodstuffs, which lead to continuous inflammatory reactions (Th1-Th2 switch), can only be avoided by dispensing with foodstuffs commonly associated with allergies: milk and diary products, preserving agents, yeast, glutenous grains and substituting them with potatoes, rice, noodles, crisp bread and gluten-free grains (rice, maize, millet, buckwheat, amaranth and quinoa), cooked and raw vegetables and fruit. Allergic reactions lead to a continual release of the hormone histamine, provoking inflammations of the intestinal mucosa. These are aggravated by histamine-containing foodstuffs, like chocolate, yeast, tomatoes, cheese, nuts and sardines. Sugar, white flour and milk products can damage the intestinal mucosa and thus providing favourable conditions for intestinal fungi. A specific foodstuff antibody test can determine which foodstuffs cause these allergies which then allows the creation of an individual nutrition plan.

http://www.ummafrapp.de/krebs/Kremer/The Secret of Cancer.pdf

http://www.ummafrapp.de/skandal/heinrich/kremer the concept of cellsymbiosis therapy.pdf