

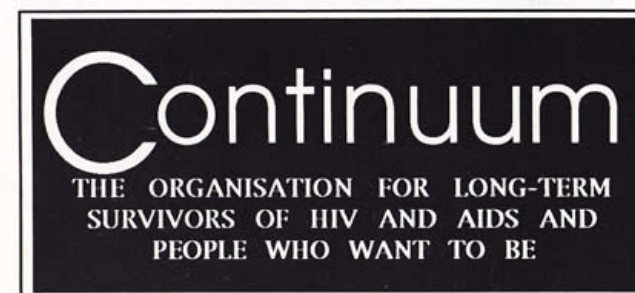
The only **REAL** *ALTERNATIVE*

The Continuum Magazine

CHALLENGING, INFORMATIVE, CONTROVERSIAL and OUTSPOKEN

Published Bimonthly by CONTINUUM it's pages are packed with alternative information, alternative opinions and alternative HIV/AIDS health issues.

CHANGING THE WAY WE THINK ABOUT AIDS



**LONG TERM
SURVIVAL
of HIV or AIDS
is a FACT!**

**And learning how
to be a survivor, is
what Continuum
is all about**

CHANGING THE WAY WE THINK ABOUT AIDS

Just £5 to cover one year's postage and the Continuum Magazine is free to Positive Persons

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to cover 1 years postage and handling
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Personal details are strictly confidential and
subject to the Data Protection Act

NOTE: The magazine remains free to Positive Persons, however, because of mounting postal costs as of the first of July 1993 we have introduced a nominal charge of £5 to cover a year's subscription to the magazine.

Subscription Rates

The Continuum Magazine is available by subscription to organisations and persons who do not qualify for a free copy

1 Copy (6 issues) £18.00

For each additional copy (6 issues) add £2.50

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- internationally acclaimed **CONTINUUM** magazine - independent therapeutic, scientific, cultural and political discourses and self-help
- a Ukrainian-based alternative, natural and complementary therapies education project financed by the European Commission
- an extensive resource of archived information over 15 years of independent HIV/AIDS research
- information by phone and email
 - African community liaison
 - public press awareness campaigns about testing and drug toxicities
- a national and international network of research, information and support organisations
 - conferences, seminars
- an extensive new website of articles, contacts and research on many aspects of HIV/AIDS and related topics soon at www.continuum.org.uk

Please use this form to donate.

Your contribution goes straight to enabling our ongoing work. Donations are tax-deductible.

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A charitable organisation in the field of health, immunity and HIV/AIDS that *doesn't*



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ISSN 1461-1597

"Each issue of *Continuum* is like a gigantic outdoor, turbine-driven fan that dissipates the smog and fog.."
Charles Gesheker, Professor of African History, California State University

"..[*Continuum*] magazine has won the hearts of many..who have done well by staying skeptical of the medical establishment..Many of its scientific articles, penned by university-based researchers from around the world, are heavily footnoted. And *Continuum's* in-depth alternative treatment information is often valuable, rooted in the self-empowerment tradition..Love it or hate it, this dissident voice is always thought-provoking."
Bob Lederer, Poz magazine

"..For a superb critique of the scandalously overpoliticised scientific research on AIDS, see Christine Johnson's long interview with Australian biophysicist Eleni Papadopulos-Eleopulos in the new issue of the British magazine *Continuum*. The American major media have effectively suppressed long-standing questions..."
Camille Paglia, Professor of Humanities, University of the Arts, Philadelphia



"In most cases, AIDS is wholly avoidable and, in the remainder, largely preventable, given motivation and know-how. Continuum has plenty of both and gets more mileage from limited funding than any official or other organisation known to me. They deserve help and will use it well."

Gordon Stewart

Emeritus Professor of Public Health, University of Glasgow, former consultant, epidemiology and preventive medicine in UKNHS, WHO, New York City etc



"Without organisations like Continuum, suppression of important questions might go unchallenged".

Camille Paglia

Professor of Humanities, University of the Arts, Philadelphia

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Continuum is a Voluntary Services Organisation founded in 1992 out of the need for integrity, justice and healing in the AIDS-era.

Fourteen years after the proposal of an hiv as the "probable cause of AIDS", toxic medication is still marketed and huge sums of money spent on research with little verifiable benefit. Powerful pharmaceutical corporations have grown ever larger, with substantial financial interests in controlling disease management, diagnostic tests and so-called terminal illnesses.

The deep questioning of the hiv/AIDS-hypothesis by many analysts worldwide - including scientists, Nobel Laureates, medical doctors, researchers and health activists - has been generally disregarded by the mass media.

Scientists have identified more than 60 conditions that can trigger a positive 'hiv-antibody' test result. There is no scientific documentation proving the existence of hiv as a unique, exogenous retrovirus, much less one capable of precipitating some 29 diseases and death.

CONTINUUM magazine began with a small donation from Britain's National AIDS Trust, as a newsletter for those affected to become consciously responsible for their own healing and education, establishing networks with those dedicated to the analysis of scientific research and holistic models of health.

Among CONTINUUM readers are long-term diagnosed individuals not taking anti-retroviral drugs, many doing well after more than a decade of being labelled with hiv.

Continuum is a unique forum for those in the scientific, health and cultural communities challenging the AIDS orthodoxy, dedicated to providing information we believe necessary for fuller understanding. The organisation relies on subscriptions and donations to maintain its work. Your support is greatly appreciated.

Affiliated to the Harrow Association of Voluntary Service,
The Lodge, 64 Pinner Road, Harrow HA1 4HZ.
Regd. Charity No.: 294136



ICMJ
International Coalition for
Medical Justice
The Robert Leppo
Education Initiative

"If you believe
AIDS can end,
you support
what
Continuum
does."



Earl Balwin of Bewdley
Co-Chair, All Party Parliamentary Group for
Alternative and Complementary Medicine

CONTINUUM

changing the way we think about AIDS

Welcome to Continuum, the organisation dedicated to the support of long-term survivors of HIV or AIDS, and to ensuring that people affected have the opportunity to access and share all of the available alternative research and treatment information to assist them to make intelligent informed choices about nutrition, nutritional supplementation and recognised alternative therapies.

We aim to bring together through the pages of our magazine as many long-term survivors as possible in order to share with each other, and with people newly diagnosed, the methods we have employed in our lives which we believe are responsible for our continuing good health and to make that information freely available. We will also address the growing controversy over the role of HIV in relation to AIDS and publish alternative research information and opinions.

Are there many long-term survivors?

Yes there are, and our numbers grow

daily. In fact we account for between 70-80 per cent of people who have been found to have antibodies to HIV or have been diagnosed as having AIDS and what is more, many of us have lived for anything up to ten years and even longer in good health.

Is there anything I can do to improve my chances of survival?

Yes there is. Fear is our worst enemy and can contribute negatively to how we feel about ourselves and our ability to stay well in the future. Fear is the greatest threat to people who are HIV positive or have AIDS. The way to diminish that fear is by accessing information that can contribute to your well being at a time when you are dealing with all the negative information. When one is vulnerable and uninformed the only viable option seems to be to 'take the pills' and wait for the inevitable decline. That need not be so. There are useful alternatives and *you* can make choices. All you need is information about the things you can do to improve the quality of your life and your health. Information you are *entitled* to have.

How can Continuum help you?

We can offer you information and support with regard to nutrition, nutritional supplementation and alternative therapies. We can supply you with information about the side-effects of 'orthodox' drug treatments that you are not normally told about and we can inform you about worldwide alternative AIDS research, opinions and news that isn't readily available through most of the organisations catering to people with an HIV or AIDS diagnosis.

If you want more information or need advice ring us at Continuum. If you want to receive a copy of the magazine, fill in the subscription form on the reverse of this leaflet and post it to ~

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London NW10 8UF

Tel: 081 961 1170

Monday to Friday 9.30am to 5pm

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